## **Danger Ahead Growth Chart**



Adult Table	1. Identify where you are in your process. <ul> <li>a. Based on the blog post, how "old" are you spiritually?</li> </ul>
Baby Toddler Child Teen!	b. How do people feel when they are around you?

**3. Follow His instructions.** (Circle the areas that are the hardest for you)

c. What are the steps you need to take to get there?

- a. Spend time with God. Talk to Him, listen to Him, and then do what He is asking you to do.
- b. **Spend time with His family.** Get involved a healthy, biblical church. Build relationships with other believers.
- c. Dedicate yourself to growth. Read your Bible, journal, get counsel, submit to authority, walk in humility, be aware of the fruit of the spirit that you need to work on, ask God for spiritual gifts, surrender your fears, go on a relaxing walk, etc.
- d. Let go of your sinful desires.
  - i. Is there sin (or lies) in your life that needs to be confessed and repented from? If so, list below.

ii.	Who do you have in your life that you can share these things with and get help
	from?

- iv. Who is the healthiest spiritual adult in your life? What can you learn from them?

